

Volunteering in Prudhoe (ViP) March 2021 1st Edition

.... supporting volunteering groups and volunteers in the Prudhoe, Mickley, Stocksfield, Ovington, Ovingham and Wylam areas

Welcome to our first edition of “Volunteering in Prudhoe.” We hope to highlight various aspects of volunteering and also “showcase” a few local volunteering groups, where you might find suitable opportunities to volunteer.

The group was initially formed by the Prudhoe Community Partnership (PCP) as a result of feedback from the Town Survey, which identified an interest in volunteering. By providing a forum for volunteering groups and individuals to share their experiences, we anticipate better networking and sharing of ideas to enable and support more opportunities for volunteering.



Action for Happiness list ten key ingredients for a happy and fulfilling life: *giving, relating, exercising, awareness, trying out, direction, resilience, emotions, acceptance and meaning.*

Benefits for you as a Volunteer!

- Greater sense of purpose and meaning
- Improved quality of life and self-esteem
- Help with builds confidence
- Can also help to alleviate mental ill-health and addiction

(<https://www.ncvo.org.uk/ncvo-volunteering/why-volunteer>)

We are keen to share the organising and direction of the group and are looking for other people who have an interest in the world of volunteering to join us. If you would like to find out more, please email us at:

volunteeringinprudhoe@gmail.com

Find us on Facebook:

<https://www.facebook.com/groups/2540775599511177>



"SHOWCASE TIME"

OPPORTUNITY: Gardening

ORGANISATION: Prudhoe Community Allotments

LOCATION: Redwell Court (at the top of Redwell Road)



"Become part of an exciting and rewarding flower, fruit and vegetable growing project. You don't need to be an expert, as you can learn as you go from experienced gardeners. Soon we'll be planting this year's crop, so we need your help! Membership is open to all - with a small annual subscription, you can have access to a plot, become a volunteer, visit the site and bring friends or just spectate! Gardening on the site is easy and all equipment is supplied. The skills learnt could help you with finding employment." For further information call Jo Bentley 01661 832167 <https://prudhoecommunityallotment.wordpress.com/>

OPPORTUNITY: Gardening, conservation and local history research

ORGANISATION: Cemetery Working Group

LOCATION: West Road, Prudhoe



"The Group extends a warm welcome to anyone in the community with an hour or two to spare to come along and enjoy the camaraderie of this very friendly group and spend time in the great outdoors. Our work involves keeping the site tidy and some general gardening. We are particularly keen to engage with young people who may be interested in subjects such as gardening, the social history of the town, wildlife and nature study." For more information, please contact Eddie Graham on edgraham01@sky.com or call: 07885 149903 or Len Franchetti 01661 832784. FaceBook: West Road Cemetery Project.

OPPORTUNITY: Volunteer drivers

ORGANISATION: The Stocksfield Community Association

"We are looking for volunteer drivers from Prudhoe, as well as Stocksfield, to launch our new dial-a-ride service. The scheme seeks to help people with local trips, providing support to our community." For full details, please contact Norman Hooks on 01661-844863.

For more opportunities: Northumberland Community Voluntary Action (NCVA)

<https://www.northumberlandcva.org.uk/>



Promoting volunteering opportunities

If your organisation has any volunteering opportunities available in the spring/summer 2021, please let us know the details and we will promote them for you – send details to:

volunteeringinprudhoe@gmail.com